

Wellness Menu

Appetizers

Vietnamese rice paper rolls with a crudité of vegetables, and Nouc mam cham sauce

Or

Asian Cilantro Soup
with bean sprouts, mushroom, cilantro, and shrimp

Entree

Ahi Poke Bowl
Ahi tuna, sesame seeds, carrots, bell pepper,
cucumber and low-sodium soy sauce

Or

Stir fried Low Carb cauliflower rice with shrimp, carrots,
ginger, green onions, and cashew nuts

Dessert

Banana sushi with dark chocolate and roasted nuts